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| M:\Year 6 Planning\Parent Meeting\Logo.pngM:\Year 6 Planning\Parent Meeting\Logo.pngPE  Subject Headlines  2020 - 2021 | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception | **Gross Motor Skills**  Hand- eye coordination, experiment with movement and travelling | **Gross Motor Skills**  Hand- eye coordination, experiment with movement and balancing | **Gymnastics**  Develop confidence in movement and balance | **Gymnastics**  Upper body strength, control and movement | **Athletics**  Throwing, jumping, running, catching, hopping and skipping | **Athletics**  Throwing, jumping, running, catching, hopping and skipping |
| Year 1 | **Multi – Sports**  Throwing and catching large balls | **Dance**  Developing balance, agility and coordination | **Gymnastics**  Developing balance, agility and coordination | **Racket and Ball Skills**  Throwing, catching and hitting with large balls | **Athletics**  Introduction to team games | **Athletics**  Running, jumping, target throwing and catching |
| Year 2 | **Multi – Sports**  Throwing and catching small balls | **Dance**  Developing balance, agility and coordination | **Gymnastics** Developing balance, agility and coordination | **Racket and Ball Skills**  Throwing, catching and hitting with small balls | **Athletics**  Continuing team games | **Athletics**  Running, jumping, target throwing and catching |
| Year 3 | **Hockey**  Holding and dribbling with a hockey stick | **Gymnastics**  Balancing and movement | **Dance**  Creating sequences | **Netball**  Different passes and shooting | **Striking and Fielding**  Throwing, catching ad hitting a range of equipment | **Athletics**  Running (team and individual), throwing, jumping |
| Year 4 | **Netball**  Attacking and defending, understanding the rules | **Gymnastics**  Different types of rolls (Introduce forward roll) | **Swimming**  Swim at least 10m | **Swimming**  Swim at least 10m | **Badminton**  Serving and footwork | **Athletics**  Running (team and individual), throwing, jumping |
| Year 5 | **Dance**  Linking sequences together, movements to create a dance | **Gymnastics**  Sequence of gallops and leaps | **Tag Rugby**  Passing the ball and understanding how to tag | **Hockey**  Hitting and shooting with a hockey stick | **Cricket**  Strike a ball with a cricket bat for accuracy and distance | **Athletics**  Running (team and individual), throwing, jumping |
| Year 6 | **Tag Rugby**  Attacking and defending, rules of the game | **Hockey**  Attacking and defending, rules of the game | **Gymnastics**  Develop flexibility, strength, balance, technique and control | **Basketball**  Passing, dribbling and shooting | **Cricket**  Strike a ball with a cricket bat for accuracy and distance | **Athletics**  Running (team and individual), throwing, jumping |