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| M:\Year 6 Planning\Parent Meeting\Logo.pngM:\Year 6 Planning\Parent Meeting\Logo.pngPSHE Subject Headlines 2020 -2021  |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Nursery | **Joining in** | **Making Friends** | **Playing in a Group** | **Responding To Others** | **Communicating**  | **Taking Turns** |
| Reception | **Playing With Others** | **Talking and Taking Turns** | **Forming Friendships** | **Asking Questions** | **Solving Conflicts** | **Actions and Consequences** |
| Year 1 | **Being Me in My World** Feeling safe, rights and responsibilities | **Celebrating Differences**Similarities & differences, making friends | **Dreams and Goals**Setting goals, working with others | **Healthy Me**Healthy lifestyle choices, road safety | **Relationships**Different types of families**,** being a good friend | **Changing Me**Life cycles of animals and humans, change |
| Year 2 | **Being Me in My World**Choices and their consequences | **Celebrating Differences**Making new friends  | **Dreams and Goals**Special people, people who help me | **Relationships**Family members, getting on with others | **Healthy Me**Keeping my body healthy, food groups | **Changing Me**Confidence, how we change |
| Year 3 | **Being Me in my world**Facing new challenges, making good choices | **Celebrating Differences**Understanding families | **Dreams and Goals**Challenges and successes, what are my dreams | **Healthy Me**Exercise and how it affects my body, heart and lungs | **Relationships**Roles & responsibilities in my family | **Changing Me**Growing up, baby development |
| Year 4 | **Being Me in My World**Fitting in with my school community, showing empathy | **Celebrating Differences**First impressions, everyone is unique | **Dreams and Goals**Hopes and dreams, reflecting on experiences | **Relationships**Relationships close and distant, feeling loved  | **Healthy Me**Friendship groups and valuing friends, facts about smoking | **Changing Me**The circle of change, my characteristics  |
| Year 5 | **Being Me in the World**New challenges, personal goals, having a voice | **Celebrating Differences**Conflict, racism, direct and indirect types of bullying | **Dreams and Goals**Identifying jobs, what I want to achieve | **Relationships**My personal qualities, managing friendships | **Healthy Me**Health risks, emergency first aid | **Changing Me**Positive body image, becoming a teenager |
| Year 6 | **Being Me in My World**Rights, rewards, consequences, democracy | **Celebrating Differences**Understanding and celebrating differences | **Dreams and Goals**My learning strengths, working with others | **Healthy Me**Know the impact of food on the body, keeping emotionally well | **Relationships**Significant people in my life, using social media positively | **Changing Me**Bodies changes, understanding puberty  |