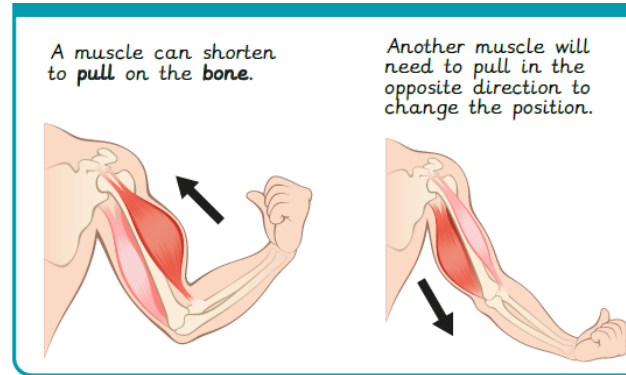


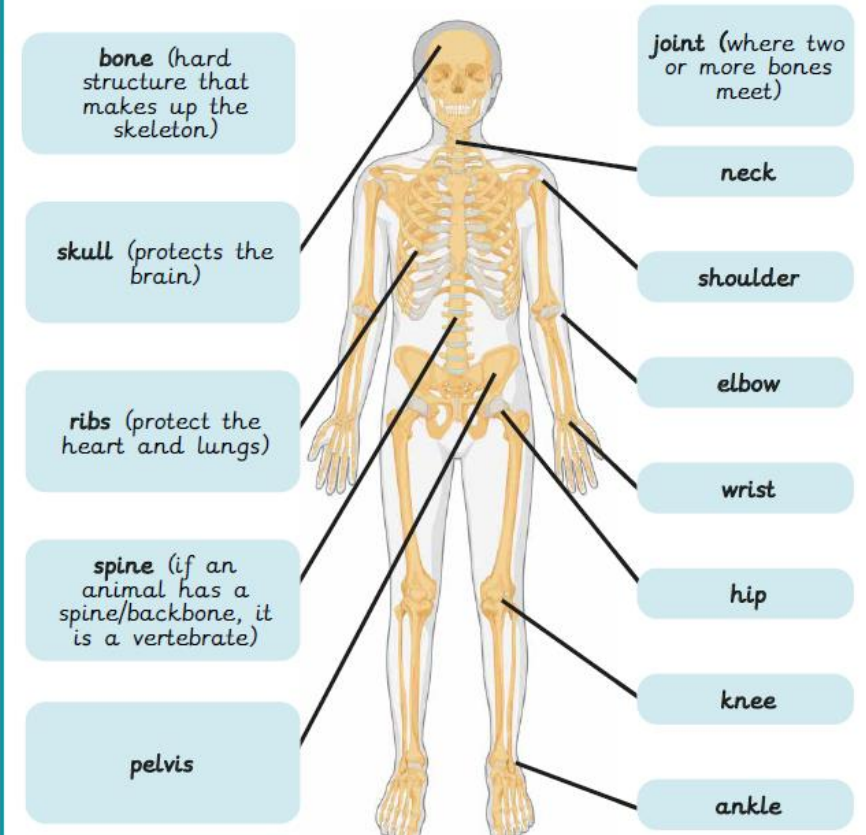
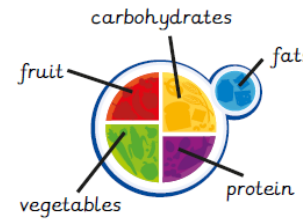
Year 3 Knowledge Mat: Animals and Nutrition

Subject Specific Vocabulary

Bone	A hard structure that makes up the skeleton
Endoskeleton	A skeleton that is inside the body
Exoskeleton	A skeleton that is outside the body
Invertebrate	An animal without a backbone
Joint	Where two or more bones meet
Muscle	They attach to bones to cause movement
Skull	The bone casing around the brain that protects it.
Vertebrate	An animal with a backbone



There are seven **nutrient** groups essential for survival. Eating all of these in the right amounts provides a **balanced** diet.



Homework Options - Due Friday 16th October

Task 1 - Use what you know about a balanced diet to plan a healthy, balanced meal - You can draw your meal or write a list of the ingredients would include and then explain why you choose each item.

Task 2 - Make a fact file about invertebrates or vertebrates. You can find pictures of them, and then explain what you have found out about them.

Task 3 - Draw and label a picture of a person. Can you include some of the important bones that you have found out about.